

Society for NeuroSports

from lab bench to weight bench

The Inaugural Society for NeuroSports Conference, Nov 15-16, 2019

Wyndham Deerfield Beach Resort

2096 NE 2nd Street, Deerfield Beach, Florida 33441 phone: 954-428-2850

EARN your CEUs too! ISSN 6, Psychology TBD

Day 1: Friday November 15, 2019	Royal Palm B
Morning	Moderator: Katie Dabrowski
8:45-9:00am	Introduction: Jaime Tartar PhD and Corey Peacock PhD From Lab Bench to Weight Bench <i>The Marriage of Neuroscience with Exercise and Sport Science</i>
9:00-10:00am	Tony Ricci DSci Blood Sport: Training for Combat involves Acquired Mental Qualities
10:00-11:00am	Kevin Williams PhD Cellular and Synaptic Reorganization after Exercise Training
Break	A protein shake/coffee break
11:10am-12:10pm	Jonathan Mike PhD Sleep Science and "Swoleness": Close Your Eyes for Size
12:10pm-1:30pm	Lunch on your own! Plenty of choices on the beach!
Afternoon	Moderator: Victoria Burgess
1:30pm-2:30pm	<i>Society for NeuroSports Keynote Address</i> Rachel Seidler PhD Cognitive Contributions to Motor Learning
2:30pm-3:30pm	Ellen Glickman PhD Environmental Physiology: The Effects of Cognition on Physical Performance
3:30pm-4:30pm	Scott Forbes PhD Not Just for Performance: Creatine and Brain Health
Break	A protein shake/coffee break
4:40pm-5:00pm	The SNS DATA Blitz: Don't Miss This. Science at the Speed of Light!
5:00pm-6:00pm	<i>Happy Hour (All Invited)</i>

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Day 2: Saturday, November 16, 2019	Royal Palm B
Morning	Moderator: William Wallace
7:00am-8:00am Workshop	Michael Mannino, PhD Movement Workshop on the Beach (yoga, mobility, tai chi)
9:00am – 10:00am Workshop	Matt Stock, PhD Use of Transcranial Magnetic Stimulation to Study Adaptation within the Human Neuromuscular System: Lecture and Lab!
10:00am-11:00am	Patrick Fuller PhD Sleep and Circadian Linkage to Performance
11:00am-12:00pm	Joyce Gomes-Osman PT PhD Exercise for Brain Health: From the Neuroscience to the Practical Advice
12:00-1:00pm	Rob Seifer PhD Psychological Interventions and Sport Performance
1:00pm-2:00pm	Lunch on your own. Plenty of choices on the beach!
2:00pm-3:00pm	POSTER PRESENTATIONS
Afternoon	Moderator: Corey Peacock PhD
	The business and application of sports neuroscience
3:00-4:00pm	Elyse Lovett MBA MS Nootropics – What Does the Market Have for Brain Supplements
4:00-5:00pm	Julius Thomas BS and Tommy Shavers DM A Look into the Locker Room: Practical Applications of Neuroscience in NCAA Football & The NFL.
That's all Folks!	Closing Remarks – Jaime Tartar PhD
<i>See you next year for the 2nd Annual Society for NeuroSports Conference</i>	Enjoy the beach, have a drink, and eat copious quantities of protein.