

# Society for NeuroSports

*from lab bench to weight bench*

**The 1<sup>st</sup> Annual Society for NeuroSports Conference, Nov 15-16, 2019**

**Wyndham Deerfield Beach Resort**

2096 NE 2nd Street, Deerfield Beach, Florida 33441 phone: 954-428-2850

**EARN your CEUs too! ISSN 6, Psychology TBD**

Day 1: Friday November 15, 2019	Royal Palm B
<b>Morning</b>	<b>Moderator: Katie Dabrowski</b>
8:45-9:00am	Introduction: <b>Jaime Tartar PhD and Corey Peacock PhD</b> From Lab Bench to Weight Bench <i>The Marriage of Neuroscience with Exercise and Sport Science</i>
9:00-10:00am	<b>Tony Ricci DSci</b> Blood Sport: Training for Combat involves Acquired Mental Qualities
10:00-11:00am	<b>Kevin Williams PhD</b> Cellular and Synaptic Reorganization after Exercise Training
Break	<b>A protein shake/coffee break</b>
11:10am-12:10pm	<b>Jonathan Mike PhD</b> Sleep Science and "Swoleness": Close Your Eyes for Size
12:10pm-1:30pm	<b>Lunch on your own! Plenty of choices on the beach!</b>
<b>Afternoon</b>	<b>Moderator: Victoria Burgess</b>
1:30pm-2:30pm	<i>Society for NeuroSports Keynote Address</i> <b>Rachel Seidler PhD</b> Cognitive Contributions to Motor Learning
2:30pm-3:30pm	<b>Ellen Glickman PhD</b> Environmental Physiology: The Effects of Cognition on Physical Performance
3:30pm-4:30pm	<b>Scott Forbes PhD</b> Not Just for Performance: Creatine and Brain Health
Break	<b>A protein shake/coffee break</b>
4:40pm-5:00pm	<b>The SNS DATA Blitz: Don't Miss This. Science at the Speed of Light!</b>
6:00pm-8:00pm	<i>Advisory Board Dinner – by Invitation Only (Café Med)</i>

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<b>Day 2: Saturday, November 16, 2019</b>	<b>Royal Palm B</b>
<b>Morning</b>	<b>Moderator: William Wallace</b>
10:00-11:00am	<b>Patrick Fuller PhD</b> Sleep and Circadian Linkage to Performance
11:00am-12:00pm	<b>Joyce Gomes-Osman PT PhD</b> Exercise for Brain Health: From the Neuroscience to the Practical Advice
12:00-1:00pm	<b>Rob Seifer PhD</b> Psychological Interventions and Sport Performance
1:00pm-2:00pm	<b>Lunch on your own. Plenty of choices on the beach!</b>
2:00pm-3:00pm	POSTER PRESENTATIONS
<b>Afternoon</b>	<b>Moderator: Corey Peacock PhD</b>
	<b>The business and application of sports neuroscience</b>
3:00-4:00pm	<b>Elyse Lovett MBA MS</b> Nootropics – What Does the Market Have for Brain Supplements
4:00-5:00pm	<b>Julius Thomas BS and Tommy Shavers DM</b> A Look into the Locker Room: Practical Applications of Neuroscience in NCAA Football & The NFL.
That's all Folks!	Closing Remarks – <b>Jaime Tartar PhD</b>
<i>See you next year for the 2<sup>nd</sup> Annual Society for NeuroSports Conference</i>	Enjoy the beach, have a drink, and eat copious quantities of protein.