

CONFERENCE SCHEDULE

Saturday
February 17, 2024

SOCIETY FOR
SPORTS
NEUROSCIENCE

www.neurosports.net

9:30-9:55 AM

Marcelo Bigliassi, Ph.D. & Julius Thomas, Psy.D.c

Welcome: Society for sports Neuroscience

10:00-11:00 AM

Michael Swartzon, MD

Keynote: Exploring Concussion care in
Sports and a Call for Research Support

11:00-11:15 AM

Break

11:15-11:45 AM

Brandon Welch, PharmD

Foundations in Metabolic Health: How to
Stay Fit and Healthy

11:45-12:15 PM

Marissa Mauricio, PharmD, MBA

Women's Hormones: What is Cycle
Syncing?

12:15-1:30 PM

Lunch

Roundtable Conversations

1:30-2:00 PM

Jason Kostrna, PhD

Lessons learned through a systematic review of applied research on the Mindful Sport Performance Enhancement program.

2:00-3:00 PM

Cosme Buzzachera, PhD

Exercise Training in Multiple Sclerosis:
Progress and Challenges

3:00-3:30 PM

Katie Dabrowski, PT, DPT, CSCS

Activity: Pain Neuroscience: Understanding
the role of the Brain in the Pain Experience

3:30-3:45 PM

Break

3:45-4:15 PM

Jeff Stout, PhD

Sex Differences in Response to Ergogenic Aids

4:15-4:45 PM

Karl Sterling

Maximizing Neuroplastic Potential

4:45-5:15 PM

Itay Basevitch, PhD

**Team Decision - Making from an Applied Perspective: Bridging
the Gap Between Research and Practice**

5:15-5:30 PM

Break

5:30-6:00 PM

Data Blitz

6:00-7:00 PM

Poster Presentations

7:00 PM Happy Hour

CONFERENCE SCHEDULE

Sunday
February 18, 2024

SOCIETY FOR
SPORTS
NEUROSCIENCE

www.neurosports.net

9:25-10:30 AM

Ricardo Mario Arida, PhD

Keynote: Physical Exercise as a Strategy to Reduce Seizure Susceptibility

10:30-10:45 AM

Break

10:45-11:15 AM

Sean Guillory, PhD

A Review and Call for Further Study of the Psychology and Neuroscience Mind Games - Focus on Combat Sports

11:15-11:45 AM

Jordyn Feingold, MD, MSCR, MAPP

Embracing Positive Medicine: Revamping our Pursuit of Well-Being for Clinicians and Patients

11:45-12:15 PM

Darlene Marshall

Add a Embodied Wellbeing: a Positive Psychology viewpoint on lifestyle, wellbeing, and performance

12:15-1:30 PM

Lunch

Roundtable Conversations

1:30-2:00 PM

Amelia Saul, PhD

Harnessing Inner Calm: Biofeedback-Assisted Relaxation Training to Improve Cognitive & Psychological Health in College Students

2:00-2:30 PM

Marcelo Bigliassi, PhD; Tony Ricci, D.Sc., CSCS, CISSN; Kamil Celoch, MS, MA, CSNS, CISSN, CPPS

Collecting EEG During Exercise

2:30-2:45 PM

Break

2:45-3:15 PM

Colleen Hanlon, PhD

**Reviving the Spirit, Relieving the Strain:
Evaluating Deep TMS for Mood and Pain
Management in Sports**

3:15-3:45 PM

Ryan Bennett PsyD

The Stability of Inequity Regarding Treatment
of Sport Related Concussion

